

THE BLUE COAT DINING ROOM MENU

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MENU				
Chicken Tikka, Rice & Naan Bread	Sweet Chilli Chicken Breast	Hunters Chicken Chicken breast smothered with BBQ sauce and cheese	Baked cod fillet, Spinach with sliced potato in a rich cheese and garlic sauce	Beef Burger <i>H</i> Chicken Breast Burger
Lancashire Hot Pot	Salmon Fishcakes (2)	American Style Hot Dog	Homemade Beef and Vegetable Pie	Battered Cod Fillet
Vegetarian Cottage Pie <i>H V</i>	Cheese & Tomato Pasta Bake <i>H V</i>	<i>Vegetable Ravioli With Tomato & Basil Sauce</i> <i>H V</i>	<i>Tomato & Goats Cheese Tart</i> <i>H V</i>	Vegetable Burger <i>H V</i>
Jacket Potato	Jacket Potato Oven Baked Wedges	Jacket Potato Oven Baked Diced Potato	Jacket potato Saute Potatoes	Jacket Potato
Selection of Vegetables Baked Beans	Selection of Vegetables Baked Beans	Selection of Vegetables Baked Beans	Selection of Vegetables Baked Beans	Selection of Vegetables Baked Beans
SNACK COUNTER(sauces change daily – see counter display)				
Pasta Bar Italian Meatballs, Vegetable Chilli <i>H V</i>	Pasta Bar Spicy Sausage, Tomato & Mascarpone <i>H V</i>	Pasta Bar Sweet & Sour Chicken, Basilico <i>H V</i>	Pasta Bar Sweet Chilli Chicken, Italian Mushroom <i>H V</i>	Curry Sauce Chipped Potatoes
Assorted Pizza	Hot Sub Rolls Chicken Wrap <i>H</i>	Assorted Panini	Assorted Pizza Chicken Wrap <i>H</i>	Gravy Rice
SANDWICH COUNTER				
A selection of home-made sandwiches, ciabatta, rolls, baguettes and wraps. Salad Bar – tasty, freshly assembled and nutritious				

H – Halal V – Vegetarian Allergen Information Available on Request