Subject: Personal Development



KS5 Curriculum Map Year 12:

Topic	Substantive Knowledge This is the specific, factual content for the topic, which should be connected into a careful sequence of learning.	Disciplinary Knowledge (Skills) This is the action taken within a particular topic in order to gain substantive knowledge.	Assessment Opportunities What assessments will be used to measure student progress?
Autumn – Inspiring Excellence	 SWOT analysis Spectrum of mental health and mental illness. Safeguarding our mental health. Knife crime, alcohol, and spiking Smoking, vaping, and drug 	 Self-reflection activity. As a class, students annotate a continuum between mental health and mental illness. Discussing how to support a friend with suicidal thoughts. They are signposted towards support if they/someone they know is having suicidal thoughts. Analysing statistics relating to knife crime; discussing the dangers of carrying a knife. Calculating units in a range of alcoholic drinks. Discussing laws surrounding and consequences of taking illegal drugs. Identifying where and how to seek support. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork.
Autumn 2 – Shaping Character	 How to plan for financial independence. Increasing 'money confidence' and financial literacy. The costs and benefits of credit cards. The risks associated with gambling and where to seek support. 	 Playing the Barclay's Budgeting Money Game to simulate realworld financial decisions. Identifying priorities when setting a budget. Calculating inflation. Advising others on investments. Assessing pros and cons of different types of credit/lending. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork.

Spring 1 – Forging Futures	 Post-18 options. The value of, and how to secure, work experience, volunteering, and part time jobs. University (what is it, how to apply) 	 Assessing the pros and cons of a range of post-18 options. Researching the range of options available and determining which are the best for the individual. Planning next steps. Researching opportunities such as virtual work experience placements and engaging with super-curricular learning. Distinguishing between different types of university and different university-level qualifications. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork.
Spring 2 – Inspiring Excellence	 Apprenticeships and HTCs. How to write a competitive application. Personal statements. 	 Researching the range of apprenticeships available and considering whether this is an appropriate option for the individual. Analysing good/bad personal statements. Drafting a personal statement. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork. Students receive written and verbal feedback on PS progress.
Summer 1 – Shaping Character	 Planning next steps. Admissions tests. Interviews. Assessment centres. 	 Students can choose from a range of activities, supporting them in planning and preparing for their next steps. Preparing for admissions tests. Preparing for interviews and assessment centres including roleplay activities. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork. Students receive written and verbal feedback on PS progress.
Summer 2 – Forging Futures	 Studying abroad – pros and cons. Planning next steps. 	 Identifying pros and cons of studying abroad, and the range of ways to do this, e.g. sandwich year. Bespoke CIAG provided by teacher – students work independently preparing for their next steps, e.g. researching options, drafting PS 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork. Students receive written and verbal feedback on PS progress.

KS5 Curriculum Map Year 13:

Topic	Substantive Knowledge This is the specific, factual content for the topic, which should be connected into a careful sequence of learning.	Disciplinary Knowledge (Skills) This is the action taken within a particular topic in order to gain substantive knowledge.	Assessment Opportunities What assessments will be used to measure student progress?
Autumn 1 – Inspiring Excellence	 RSE. Pornography – dangers and busting myths. Domestic abuse – the signs and where to seek support. Forced marriage – how it differs from arranged marriage and where to seek support. 	 Identifying the 'best' method of contraception in a range of circumstances/situations. Analysing a scenario to determine options upon finding out you/your partner is pregnant, including identifying where to seek support. Analysing statements and debating issues relating to the sharing of nude images. Discussing opinions on pornography, e.g. is it healthy? Is it realistic? Identifying myths conveyed by pornography and their potential consequences. Identifying behaviour which constitutes abuse, and where to seek support and guidance. Comparing features of a range of partnerships. 	 True/false quiz in domestic abuse lesson. Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork.
Autumn 2 – Shaping Character	 Sexual harassment – what is it, how can we prevent it, seeking support. 	 Analysing articles about sexual harassment amongst young people. Watching a BBC documentary (Is this sexual harassment). Teacher pauses at key points for discussion. 	 Written reflection at end of each lesson. Verbal contributions, listening skills and teamwork.
Spring 1 – Forging Futures	 Supporting physical and mental health at university. Causes, impacts and potential solutions to youth homelessness. Causes of negative body image. 	 Students watch a 30-minute video from the BBC about the highs and lows of Freshers' week. Factual information about how to register for a GP, etc. Annotating a continuum to identify words associated with mental health/illness. Discussing why University can be a challenging time for an individual's mental health; students watch a short video. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork.

		 Reading and annotating an article from The Guardian; discussing statistics from the NUS. Students watch a video from Drink Aware about the impacts of alcohol on mental health, and a BBC3 video about drugs and mental health. In pairs students are allocated an article about tackling mental health issues at University. They come up with five tips to care for their mental health. Identifying causes of, and potential solutions to, the youth homelessness crisis in the UK. Assessing pros and cons of social media. 	
Spring 2 – Inspiring Excellence	 How to register to vote. Key beliefs of major political parties in the UK. 	 Debating whether voting should be compulsory, should the voting age be lowered Information about how to register to vote. ICT research project – core values of UK political parties. Determining which political party most closely aligns with a student's views ad values. 	 Written reflection at the end of each lesson. Verbal contributions, listening skills and teamwork.