

THE BLUE COAT SCHOOL WEEKLY NEWSLETTER

WOMEN AT BLUE COAT: BRINGING GENERATIONS TOGETHER

Blue Coat School is delighted to launch its first-ever Women at Blue Coat Open Day, bringing together female alumni from across the decades to celebrate their shared connection to the school and help shape an exciting new alumni network.

Taking place on **Saturday 4 July from 1.15pm to 3.15pm**, the event will provide former students with the opportunity to reconnect with Blue Coat, meet fellow alumnae, and see how the school has evolved while remaining true to its values and traditions.

Guests will enjoy refreshments, a guided tour of the school, and the chance to meet current female students, creating meaningful conversations between past and present generations of Blue Coat women.

The afternoon will be hosted by **Helen Brown (Class of '99)**, Old Blue and Foundation Trustee, who has been instrumental in helping establish the new network. The event marks the first step in creating a vibrant community that celebrates the achievements, experiences and contributions of women who have been part of the Blue Coat story.

Whether you left school recently or many years ago, this is a wonderful opportunity to reconnect, share memories, build new relationships and help inspire future generations of Blue Coat students.

Tickets are free of charge.

We look forward to welcoming female alumni back to Blue Coat for what promises to be a memorable and inspiring afternoon.

Reserve your place via Eventbrite:
<https://bit.ly/WomenatBCSopenday>

You are invited to our first female alumni meeting



WOMEN AT BLUE COAT OPEN DAY

SATURDAY 4TH JULY

1.15pm - 3.15pm



*Hosted by Old Blue
and Foundation Trustee,
Helen Brown, Class of '99*

*Please join us for refreshments, a school tour,
and the chance to meet with female students
from across the decades*

Book your space on Eventbrite: <https://bit.ly/WomenatBCSopenday>

BLUE COAT ANNUAL SPORTS DAY WAVERTREE SPORTS CENTRE

The annual Blue Coat Sports Day at Wavertree Sports Centre on Tuesday 16th June, was once again a fantastic celebration of competition, teamwork and school spirit. Across a full day of track and field events, students from all year groups demonstrated outstanding enthusiasm and commitment, contributing to a highly successful and enjoyable event.

There was maximum participation across all running and field events, with students representing their houses with pride and determination. The level of effort and engagement from pupils was excellent, and it was particularly pleasing to see so many students taking part in a wide range of events, supporting both individual and team success.

The atmosphere throughout the day was incredibly positive, with strong support from students cheering on their peers in every event. House spirit was evident across the entire venue, helping to create an encouraging and energetic environment in which students were motivated to perform at their best.

A special thank you goes to the PE staff for their excellent organisation and leadership of the event, ensuring everything ran smoothly from start to finish. Thanks are also extended to all form tutors for coordinating and preparing their teams so effectively in advance of the day.

In addition, the Sixth Form students played a key role in supporting the event, helping to run the tuck shop and assisting with the smooth delivery of activities throughout the day. Their contribution was greatly appreciated and added to the overall success of the event.

The winning house will be announced in upcoming assemblies before the end of term. Congratulations to all students for their effort, participation and outstanding sportsmanship throughout the day.





CELEBRATING AN OLD BLUE: BISHOP MICHAEL LEYDEN APPOINTED SUFFRAGAN BISHOP OF PENRITH

The Blue Coat School community is delighted to congratulate Old Blue, Bishop Michael Leyden, on his recent appointment as the new Suffragan Bishop of Penrith. Following his consecration at York Minster at the end of April, Bishop Michael begins an important new chapter of leadership and service within the Church.

A former Blue Coat student who left the school in 2004, Bishop Michael went on to study Theology and Philosophy at Oxford before completing a PhD in Theological Ethics. Over the past two decades, he has dedicated his life to education, ministry and leadership, serving communities across urban, suburban and rural settings.



As the founding Dean of Emmanuel Theological College, Bishop Michael has been a passionate advocate for leadership development and widening opportunities into ministry. Drawing on his own working-class background, he has championed inclusion, ensuring that people from diverse experiences and communities can recognise and fulfil their potential. His commitment to nurturing others reflects the Blue Coat belief that every individual is called to make a positive contribution to society.

Throughout his ministry, Bishop Michael has worked collaboratively with lay leaders to develop vibrant and inclusive church communities. By combining the strengths of traditional parish life with innovative expressions of worship and mission, he has demonstrated the creativity, courage and compassion that lie at the heart of effective leadership.

In his new role, Bishop Michael will oversee discipleship, vocations and leadership development across the Diocese, while also supporting its 104 church schools. This responsibility places him at the forefront of shaping future generations of leaders and learners, a mission that resonates strongly with Blue Coat Liverpool's vision of developing confident, compassionate and ambitious young people who seek to serve others.

Bishop Michael's journey from Blue Coat student to Bishop is a powerful example of our school's values in action. His life and work embody a commitment to faith, service, leadership and opportunity, inspiring current students to pursue their own aspirations with integrity and purpose. His achievements remind us that education is not only about academic success but also about developing the character, resilience and sense of vocation needed to make a meaningful difference in the world.

We are immensely proud of Bishop Michael and wish him every blessing as he begins this significant ministry. His story is a testament to the enduring impact of a Blue Coat education and to the values that continue to guide and inspire our school community.

REMEMBERING OLD BLUE KEITH ASHLEY (1963–1971)

It is with great sadness that we share the news of the passing of Old Blue Keith Ashley, who died recently at his home in Childwall.

Keith attended Blue Coat School from 1963 to 1971 and remained a committed and active member of the Old Blue community throughout his life. His dedication to the school and its alumni network was evident in the many years he spent playing for the Old Blues football team and in his long and valued service as Treasurer of the Brotherly Society. Through his commitment, generosity and support, Keith helped strengthen the bonds that connect generations of Old Blues.

Beyond his involvement with the school, Keith devoted his professional life to education. A talented teacher of ceramics, and later Craft, Design and Technology, he inspired countless young people over the course of a distinguished career. He began teaching at Notre Dame School, later St Julie's Catholic High School, in Woolton before spending several decades at West Derby Comprehensive School. His passion for creativity, craftsmanship and learning left a lasting impact on both colleagues and students alike.

Keith's life reflected many of the values that Blue Coat continues to champion today: service to others, commitment to community, lifelong learning and a willingness to give back. His enduring connection to the school and the Old Blues community serves as an example of the strength of those values beyond the classroom.

On behalf of the Blue Coat School and the wider Old Blue community, we extend our sincere condolences to Keith's family, friends and all who knew him. He will be remembered with great affection and gratitude for his contributions to both the school and the many communities he served throughout his life.

May he rest in peace.



CLEAN AIR DAY – WORKING TOGETHER FOR A HEALTHIER FUTURE

Blue Coat is to support awareness **Clean Air Day, on 18th June 2026**, the UK's largest air pollution awareness campaign. Every year, thousands of people take part in events across the country to raise awareness of air pollution and encourage positive actions that can improve the quality of the air we breathe.

Air pollution is a significant public health issue that affects millions of people every day. The World Health Organisation and the UK Government recognise air pollution as the largest environmental health risk we currently face, with up to 36,000 deaths each year in the UK linked to poor air quality. Clean Air Day provides an important opportunity to learn more about this issue, share information with others and consider the simple changes we can all make to protect both our own health and the health of those around us.

One of the key aims of Clean Air Day is to help people understand that small actions can collectively make a significant difference. Encouraging active travel, such as walking or cycling where possible, reducing unnecessary car journeys, turning off engines when stationary and using public transport are all practical ways we can contribute to cleaner air in our communities.





DUKE OF EDINBURGH AWARD SILVER & GOLD PRACTICE EXPEDITIONS (MALHAM, YORKSHIRE)

This weekend, our Year 10 Duke of Edinburgh participants are taking part in their Silver and Gold Practice Expeditions in the stunning yet demanding landscape of Malham, Yorkshire.

Across three days of walking, students will be putting their resilience, teamwork and determination to the test as they navigate challenging terrain using only maps and compasses to guide their routes. The expedition provides a genuine opportunity for participants to apply the skills they have developed during their training, including route planning, navigation and time management.

The varied Yorkshire countryside offers both a physical challenge and the chance to develop confidence in essential outdoor skills such as map reading, pacing and group decision-making. Students will be responsible for navigating between checkpoints, making independent decisions and adapting to changing conditions along the way.

The practice expedition is an important stage in the journey towards completing the Silver and Gold sections of the The Duke of Edinburgh's Award. It gives students the opportunity to build resilience, independence and problem-solving skills in a real-world environment while working closely with their teammates.

We look forward to welcoming all groups back on Sunday and hearing about their experiences. We wish every participant the very best for a successful and rewarding weekend in the Yorkshire Dales.

YEAR 9 GEOGRAPHY FIELDWORK VISIT TO NEW BRIGHTON

Our Year 9 students recently visited New Brighton as part of their Geography curriculum, undertaking fieldwork to investigate coastal management strategies and explore how human intervention is used to protect and manage our coastline.

The visit forms part of Blue Coat's commitment to providing investigative fieldwork opportunities across all year groups. Fieldwork is an integral part of Geography education, enabling students to move beyond the classroom and apply their learning in real-world contexts. Through first-hand experiences, students develop their observational, analytical and enquiry skills while gaining a deeper understanding of the geographical processes that shape our environment.



During the visit, students examined a range of coastal management techniques, collected data and evaluated the effectiveness of different strategies used to reduce coastal erosion and manage flood risk. The experience allowed students to put theory into practice and strengthened their understanding of concepts that they have been studying in lessons.

A special thank you goes to the Geography Department for organising and delivering these valuable opportunities throughout the year. Their commitment to providing high-quality fieldwork experiences ensures that students across all year groups benefit from engaging, memorable and enriching learning beyond the classroom. These experiences play a significant role in developing knowledgeable, inquisitive and environmentally aware young people who are able to understand and respond to the challenges facing our world today.





YEAR 12 INTER-HOUSE FOOTBALL COMPETITION

This week, Year 12 students took part in an exciting Inter-House Football Competition at Blue Coat, providing another fantastic opportunity to promote participation, teamwork and enjoyment through our wider enrichment programme.

The competition saw excellent levels of engagement, with students enthusiastically representing their houses and demonstrating great commitment throughout the matches. The event created a positive and inclusive atmosphere, with students supporting one another, showing excellent sportsmanship and embracing the opportunity to take part in healthy competition outside of their academic studies.

Increasing participation in enrichment activities remains a key priority across the whole school. We know that involvement in extra-curricular opportunities plays an important role in developing confidence, leadership, resilience and a strong sense of belonging. Activities such as inter-house competitions allow students to build relationships, strengthen their teamwork skills and contribute positively to the wider school community.

It was particularly encouraging to see so many Year 12 students participating and engaging so positively with the event. Their enthusiasm and support for one another reflected the strong sense of community that we strive to foster at Blue Coat and demonstrated the important role that enrichment plays in promoting student wellbeing and personal development.

The final standings were as follows:

1. Curie – 14 points
2. Turing – 11 points (ahead on head-to-head over Tod)
3. Tod – 11 points
4. Seacole – 9 points (ahead on head-to-head over Franklin)
5. Franklin – 9 points
6. Roscoe – 6 points

Thank you to all staff involved in organising and running the competition, and congratulations to all the students who took part. We look forward to continuing to expand opportunities for participation across the school and encouraging every student to engage in the rich and varied enrichment programme that Blue Coat has to offer.





CELEBRATING NATIONAL THANK A TEACHER DAY



On National Thank a Teacher Day June 17th, the School Leaders and Prefect Team were delighted to recognise and celebrate the incredible dedication, commitment and care shown by all staff at Blue Coat.

To mark the occasion, the Prefect Team invited staff to an afternoon tea, where they enjoyed refreshments, sandwiches and a wonderful selection of cakes prepared by our fantastic catering team. The event was hosted by our Senior Prefects, who were proud to serve staff and express their appreciation for everything they do each day.

National Thank a Teacher Day provides an important opportunity to pause and recognise the extraordinary contribution that teachers and support staff make to the lives of young people. Every day, our staff go above and beyond to inspire, challenge and support students, helping them to achieve their potential both academically and personally. Their impact extends far beyond the classroom, enriching the lives of pupils, supporting families, contributing to the wider community and working collaboratively to make Blue Coat such a special place to learn and work.

As a school founded on the principle of Non Sibi Sed Omnibus – Not for oneself, but for all – we are particularly grateful for the selfless commitment demonstrated by colleagues across every area of school life. Whether teaching lessons, providing pastoral care, supporting learning, maintaining our facilities, preparing meals, managing administration or leading enrichment activities, every member of staff plays a vital role in helping our community flourish.

The afternoon tea was a small token of our appreciation, but it reflected the immense gratitude felt by our students and school leaders. We are privileged to have such talented, dedicated and compassionate colleagues who work tirelessly in the service of others.

On behalf of the School Leaders, Prefect Team and the Trust Board, we would like to extend our heartfelt thanks to every member of staff for their unwavering commitment, professionalism and care. Your work makes a difference every day, and Blue Coat is a stronger, happier and more successful community because of all that you do.

Thank you.





BLUE COAT ORGAN SCHOLARSHIP AWARDED

Congratulations to Maximus D and Noel X on being awarded a prestigious Blue Coat Organ Scholarship.

Following a highly competitive audition process, the judging panel was impressed not only by their piano and organ performance but also by [his/her/their] enthusiasm, dedication and commitment to music.

The scholarship provides four years of specialist organ tuition, beginning in Autumn 2026 and continuing until Year 13. Scholars receive around 30 lessons each year, learning on Blue Coat's newly restored historic Father Willis organ, the Chapel's Walker organ and the school's digital practice organ.

As part of the programme, scholars will also have the unique opportunity to play some of the finest organs in the country, including the renowned Willis organ at Liverpool Anglican Cathedral – the largest organ in the UK – and the Walker organ at Liverpool Metropolitan Cathedral.

Tuition is provided by Richard Lea, Organist at Liverpool Metropolitan Cathedral, under the supervision of Christopher McElroy, Director of Music at Liverpool Metropolitan Cathedral.

The Organ Scholarship reflects Blue Coat's long-standing musical tradition and aims to develop the next generation of talented organists. Scholars commit to regular lessons, practice, progress reviews and representing the programme as ambassadors for music at Blue Coat.

This award is a remarkable achievement and an exciting opportunity to develop advanced musical skills while helping to continue the revival of a proud Blue Coat tradition. We congratulate Maximus and Noel and look forward to following their musical journey in the years ahead.



ACADEMIC AND PEER MENTORING TEAM 2026-2027

Our Mentoring System is a student-led initiative that reflects the very heart of Blue Coat's vision: to ignite ambition, nurture integrity and compassion, and prepare young people to shape a fairer and brighter world. Guided by our motto, Non Sibi Sed Omnibus – Not for oneself, but for all – the programme empowers older students to use their knowledge, experience and leadership in service of younger members of our community.

Through our **Academic Mentoring Branch**, senior students work alongside subject teachers to deliver lunchtime clinics, intervention sessions and peer-support opportunities. These initiatives help younger students deepen their understanding, develop effective study habits and grow in confidence as learners. By encouraging academic curiosity, resilience and aspiration, this branch supports our commitment to excellence and helps every student fulfil their potential.

Through our **Pastoral Mentoring Branch**, older students act as role models, delivering programmes such as the MVP and Peer Mentoring schemes. Mentors provide guidance on school life, wellbeing, organisation, study skills and future pathways, helping younger students navigate challenges with confidence. These relationships foster kindness, empathy and a sense of belonging, ensuring that every student feels known, valued and supported within the Blue Coat community.

Together, these two branches create a holistic support network that enables students to belong, flourish and thrive. The programme develops leadership in mentors while providing younger students with trusted guidance and encouragement. In doing so, it embodies the values that define Blue Coat: ambition balanced by compassion, achievement grounded in integrity, and a commitment to serving others. Through mentoring, students learn that success is not simply about personal accomplishment, but about helping those around them to flourish as well.



Johanna J (12SE)

Jayadev P (12SE)

Chris Y (12CU)

Pranav G (12TO)



Harnoor N (12FR)

Cian P (12CU)

Sneha S (12CU)

Zitong y (12SE)



OUTSTANDING MATHEMATICAL ACHIEVEMENT FOR WILLIAM

We were delighted to receive some wonderful news from the United Kingdom Mathematics Trust (UKMT) this week.

Following his exceptional performances in both the Hamilton Mathematical Olympiad and the British Mathematical Olympiad (BMO) this year, **William has been invited to attend the prestigious UKMT Mathematical Olympiad Training Camp**, often referred to as the **Oxford Camp**, this summer.



This is a remarkable achievement. Only **24 students from across the United Kingdom** have been selected to attend the camp, which serves as a key stage in identifying and developing potential candidates for the UK's team for the **International Mathematical Olympiad (IMO)** – the world's most prestigious mathematics competition for school students.

The UKMT describes the Oxford Training Camp as:
"A highly selective, week-long residential programme at the University of Oxford. Intended for the UK's top young mathematicians, it combines intensive problem-solving training with lectures from distinguished mathematicians, preparing participants for national and international mathematical competitions."

William's invitation is testament to his outstanding mathematical ability, dedication and perseverance. It also reflects the culture of academic excellence that we seek to foster at Blue Coat, where students are encouraged to pursue their talents to the highest level.

William has expressed his gratitude for the support he has received throughout his mathematical journey, particularly from **Mr Fee, Mrs Withers**, and the wider school community. Their encouragement, expertise and commitment have played an important role in helping him reach this milestone.

We are immensely proud of William's achievement and look forward to hearing about his experiences at Oxford this summer. We wish him every success as he continues his mathematical journey.



CRICKET NEWSLETTER REPORT: LANCASHIRE CUP FIXTURES

It has been a highly competitive and encouraging week for Blue Coat cricket, with both the U15 and U13 teams taking part in closely fought Lancashire Cup matches. Despite narrow defeats in both fixtures, the performances reflected real determination, resilience and continued development across both age groups.

The U15 team faced Stanley High School in a thrilling encounter. Stanley set a competitive total of 137, which gave Blue Coat a challenging but achievable target. In response, the U15s showed excellent character and composure, building their innings steadily and keeping themselves in contention throughout the chase. The match went down to the final stages, with Blue Coat ultimately falling just short, finishing their innings with one over remaining.

Similarly, the U13 side produced an equally spirited performance against Burnage. Chasing 117, the team approached the target with confidence and determination, remaining competitive throughout the innings. In another tight finish, the U13s were edged out with just one over left, highlighting how close the contest remained right until the end.

Across both matches, there were many positives to take forward, including strong individual contributions, improved game awareness and excellent teamwork under pressure. The ability of both teams to stay in the contest deep into the final overs reflects clear progress and growing confidence within the cricket programme.

Although results did not fall in Blue Coat's favour on this occasion, the performances demonstrated significant promise for the future. Coaches were particularly pleased with the attitude, resilience and competitive spirit shown by both squads, and look forward to building on these encouraging displays in upcoming fixtures.



KEY DATES

Date	Event
Friday 19th June 2026 – Sunday 21st June 2026	Y10 DofE Silver assessed & Y12 Gold practice expeditions
Monday 22nd June 2026	Y9 Geography trip
Friday 26th June 2026	Y12 Geography trip
Monday 29th June 2026	Y12 Military School Day
Tuesday 30th June 2026	Y8 Military School Day
Wednesday 1st July 2026	Y7 Military School Day
Wednesday 1st July 2026	New Y7 Induction Day & Evening
Thursday 2nd July 2026 – Saturday 4th July 2026	Phase 1 Entrance Test
Thursday 2nd July 2026	Y9 Military School Day
Thursday 2nd July 2026	Y11 Prom
Friday 3rd July 2026	Y10 Military School Day



FRANCIS (7SE)



ETHAN (9RO)



FRED (7SE)



YADIAIL (7FR)



JOE (9FR)



ARCHITH (8TO)



SUPPORT THE EXPERIENCES THAT HELP SHAPE STUDENTS

From clubs and competitions to creative projects and performances, our students gain so much from extracurricular opportunities, and your support keeps them going.

A contribution of just £10 per term (£30 per year) per student makes a real difference. Plus, every £10 donation earns a chance to win £50 in our monthly raffle!

See Parentmail for payment details and give today, together we can keep our enrichment programme rich, varied, and open to all.



The Liverpool Blue Coat School Foundation

EVER FANCIED HAVING YOUR NAME LITERALLY WRITTEN INTO BLUE COAT'S HISTORY?

Chris ('89), John ('92)
and the Smith Family

The Ahmad Family
May 2026

Steve, Nick and James
U18 Cupwinners 2026

In memory of a great
Chemistry teacher, Mrs Burns

NOW'S YOUR CHANCE!

We're inviting alumni, families, and friends to leave a lasting (and rather stylish) mark by sponsoring a personalised plaque on one of our chapel pews. For just £100, you can dedicate a plaque in your own name, your family's name, or in memory of someone special—creating a small but meaningful legacy that will be seen by generations to come.

Feeling sociable? You can even team up with friends—up to seven names can share a bench—making it a wonderful way to celebrate friendships as well as memories.

It's a lovely way to honour your connection to the school, support our beautiful chapel, and secure your place as part of its story!



Email: foundation@bluecoatschool.org.uk for more information



THE LIVERPOOL BLUE COAT SCHOOL



SPACES AVAILABLE FOR 2 TEAMS

GOLF DAY 2026

AT WOOLTON GOLF CLUB

FRIDAY JULY 3RD 2026

12.30PM REGISTRATION

2.00PM TEE OFF

7.00PM DINNER & SOCIAL

£80/player or £320/team

enter as individual, pair or team

**INCLUDES: LIGHT LUNCH, ROUND OF GOLF, 2 COURSE MEAL,
ENTRY TO ADDITIONAL COMPETITIONS: CLOSEST TO PIN, LONGEST DRIVE**



REGISTER NOW!

seo@bluecoatschool.org.uk

Friends, family and colleagues welcome
(This is an adult only event)



£25 for dinner only

£50 to sponsor hole

All proceeds will go towards Blue Coat School Development Fund



Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of InGage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



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